

**Buffalo Wild Wings - Calorie Information**

This information is to be used as a guide to assist our guests with better informed food choices. Buffalo Wild Wings® has compiled this nutritional information with the support of our approved manufacturers and third party Nutritional Analysis. The accuracy may vary slightly due to a variation in operational procedures.

Menu Item	Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Sugar	Protein
	Kcal	Kcal	g	g	g	mg	mg	g	g	g	g
<b>Starters &amp; Snacks</b>											
The Sampler	1520	680	76	20	1	200	3120	128	8	20	76
Ballpark Sampler	1347	713	77	18	0	78	2515	103	5	20	22
Crispy Southwest Dippers	630	224	25	10	0	42	1974	78	8	10	24
Mini Corn Dogs	713	217	24	5	0	77	1270	49	2	16	13
Chips & Salsa	500	260	30	14	1	30	1180	46	2	0	4
Cheeseburger Slammers	1559	815	92	34	0	219	1451	98	7	10	66
Pulled Pork Slammers	1167	477	51	13	0	153	1867	105	4	17	61
Roasted Garlic Mushrooms	360	160	18	3	0	10	1240	44	2	4	6
Ultimate Nachos	960	440	52	14	1	60	2680	108	8	8	24
Ultimate Nachos With Chicken	1120	480	52	14	1	120	3200	108	8	8	52
3/4 lb Popcorn Shrimp	880	400	44	6	0	120	2900	88	4	6	34
Mozzarella Sticks	560	190	22	15	0	60	1800	52	0	2	30
Queso Chili Fries	862	356	40	15	0	47	2654	92	10	10	26
Chicken Quesadilla	800	320	35	18	0	130	1810	70	5	6	51
Chili Con Queso Dip	920	440	48	14	1	60	2240	100	8	8	28
Naked Tenders (6 each)	260	120	12	1	0	50	3420	34	2	10	10
<b>Sides</b>											
Potato Wedges Basket	560	233	28	7	0	0	2147	79	9	5	9
Potato Wedges Basket with cheese	780	393	46	19	0	50	2507	81	9	5	23
Potato Wedges Regular	280	117	14	4	0	0	1073	40	5	2	5
Potato Wedges Regular with cheese	390	197	23	10	0	25	1253	41	5	2	12
French Fries Basket	560	180	20	6	0	0	1320	84	8	4	8
French Fries Regular	280	90	10	3	0	0	660	42	4	2	4
Onion Rings Basket	1100	500	55	10	0	0	2200	130	10	20	10
Onion Rings Regular	460	220	26	5	0	0	960	52	4	8	4
Buffalo Chips Basket	514	117	9	2	0	0	70	93	9	5	9
Buffalo Chips Basket with cheese	734	277	27	14	0	50	430	95	9	5	23
Buffalo Chips Regular	257	58	5	1	0	0	35	47	5	2	5
Buffalo Chips Regular with cheese	367	138	14	7	0	25	215	48	5	2	12
<b>Substitutions (Tenders &amp; shrimp, ribs &amp; combos, burgers, wraps, sandwiches)</b>											
Coleslaw	170	140	15	0	0	20	390	6	0	6	0
French fries	280	90	10	3	0	0	660	42	4	2	4
Side Salad	210	135	15	5	0	15	385	14	4	4	6
Onion Rings Regular	460	220	26	5	0	0	960	52	4	8	4
Buffalo Chips Regular	257	58	5	1	0	0	35	47	5	2	5
Potato Wedges Regular	280	117	14	4	0	0	1073	40	5	2	5
Tortilla chips and salsa	250	130	15	7	1	15	590	23	1	0	2

Menu Item	Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Sugar	Protein
<b>Tenders &amp; Popcorn Shrimp</b>											
Naked Tenders (each)	43	20	2	0	0	8	570	6	0	2	2
Breaded Tenders (each)	170	100	11	3	0	18	573	15	1	5	5
1/2 lb Popcorn Shrimp	587	267	29	4	0	80	1933	59	3	4	23
<b>Wings &amp; Boneless</b>											
Wings (each)	72	47	5	1	0	26	66	0	0	0	6
Boneless (each)	88	55	6	2	0	21	178	3	0	0	5
<b>Ribs &amp; Combos Meals</b>											
Ribs & Chicken Tenders	1860	1060	118	38	0	250	2980	112	8	30	88
Ribs & Popcorn Shrimp	1480	820	92	32	0	220	2980	84	4	20	80
Ribs & Boneless Wings	1960	1140	126	40	0	320	4380	88	6	16	102
Chicken Tenders & Popcorn Shrimp	1120	560	62	12	1	90	3220	110	10	30	24
Ribs & Traditional Wings	1860	1120	124	40	0	360	3800	74	6	16	108
Ribs & More Ribs	2380	1420	158	58	0	410	5320	88	6	28	144
Boneless Wings & Traditional Wings	1480	880	98	20	0	310	7940	68	6	2	66
Popcorn Shrimp & Fish	820	320	36	6	1	120	2520	70	4	6	50
<b>Grazin' Greens</b>											
Honey BBQ Chicken Salad	733	350	38	11	0	63	3850	87	8	43	19
Grilled Blackened Chicken Salad	660	350	39	11	0	155	840	23	7	9	55
Grilled Chicken Salad	640	340	38	11	0	155	790	20	6	8	55
Chicken Tender Salad	990	610	68	17	0	90	2580	74	11	24	26
Garden Salad	420	270	30	10	0	30	770	28	7	8	12
Chicken Caesar Salad	490	240	27	6	0	130	790	10	5	4	5
Side Salad	210	135	15	5	0	15	385	14	4	4	6
<b>Beefy Burgers w/o French Fries</b>											
Black & Bleu Burger	770	460	51	20	0	125	860	44	3	4	37
Bacon Cheddar Burger	860	520	57	24	0	160	1170	44	3	4	46
Honey BBQ Bacon Burger	890	520	57	24	0	160	1340	51	3	10	46
Chili Queso Burger	880	510	57	26	0	165	1270	49	3	5	49
Big Jack Daddy Burger	900	510	56	23	0	165	1630	53	3	9	50
Cheeseburger	780	460	51	22	0	145	870	44	3	4	42
French Fries	280	90	10	3	0	0	660	42	4	2	4
<b>Wraps &amp; Buffalitos w/o Chips</b>											
Southwest Chicken Queso Wrap	490	70	7	4	0	60	2660	73	6	6	39
Buffalo Ranch Chicken Wrap	1020	540	59	18	0	50	2120	97	8	16	28
Chicken Tender Wrap	1040	420	46	17	0	80	2800	125	11	25	37
Chicken Caesar Wrap	560	140	15	6	0	55	1770	68	5	4	39
Naked Tenders Wrap	600	130	14	9	0	115	1980	68	6	4	54
Grilled Chicken Buffalitos	380	60	9	6	0	80	1240	44	4	4	40
Tortilla chips and salsa	250	130	15	7	1	15	590	23	1	0	2

Menu Item	Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Sugar	Protein
<b>Satisfying Sandwiches w/o French Fries</b>											
Buffalo Ranch Chicken Sandwich	800	450	49	13	0	25	1460	60	3	5	32
Jerk Chicken Sandwich	530	100	10	3	0	120	1140	56	3	16	51
Pulled Pork Sandwich	570	230	25	7	0	95	3160	61	2	15	30
Honey BBQ Bacon Chicken Sandwich	530	170	18	9	0	125	890	42	3	4	50
Grilled Chicken Sandwich	470	70	7	3	0	120	750	50	3	10	51
Crispy Fish Sandwich	550	210	22	6	0	25	760	22	3	1	8
Gardenburger	250	45	5	2	0	24	1060	63	3	7	40
French Fries Regular	280	90	10	3	0	0	660	42	4	2	4
<b>Wild Flatbreads</b>											
Buffalo Chicken	908	476	49	17	0	149	2298	56	4	1	53
Honey BBQ Chicken	813	316	32	14	0	129	1848	71	4	14	52
Parmesan Garlic	863	436	44	16	0	139	2188	55	4	2	54
Create Own	783	316	32	14	0	129	1908	61	4	8	52
<b>Desserts</b>											
New York Cheesecake	460	250	28	16	0	95	20	47	1	39	6
Deep-dish Apple Pie	590	170	18	9	0	35	260	105	4	66	7
Chocolate Fudge Cake	820	300	33	13	0	70	95	127	3	108	11
<b>Wild Child(ren) w/o French Fries</b>											
Kids Cheeseburger Slammer	400	228	26	10	0	73	400	20	1	3	21
Boneless Wings (4)	288	188	20	5	0	104	264	0	0	0	24
Chicken Tenders (3)	510	300	32	8	0	55	1720	44	4	15	14
Traditional Wings (4)	384	251	28	7	0	139	352	1	0	0	31
Naked Tenders (3)	130	60	6	1	0	25	1710	17	1	5	5
Macaroni & Cheese	380	117	13	5	0	25	1240	49	3	9	16
Mini Corn Dogs (5)	357	108	12	3	0	38	735	25	1	5	7
French Fries Regular	280	90	10	3	0	0	660	42	4	2	4
Kids' Ice Cream	210	80	8	5	0	20	95	33	1	30	3
<b>Sauces and Dressings (1 oz portions)</b> 1 oz of Wing Sauce is used on 6 Traditional Wngs and 5 Boneless Wings											
Sweet BBQ	40	0	0	0	0	0	460	8	0	8	0
Teriyaki	70	0	0	0	0	0	1100	14	0	12	0
Mild	50	50	5	0	0	10	1040	2	0	0	0
Parmesan Garlic	120	120	12	2	0	10	740	2	0	2	2
Medium	40	40	4	0	0	10	1160	2	0	0	0
Honey BBQ	70	0	0	0	0	0	400	18	0	14	0
Spicy garlic	50	40	4	0	0	10	1220	4	0	0	0
Asian Zing	90	0	0	0	0	0	580	22	0	20	0
Caribbean Jerk	80	30	3	0	0	0	500	12	0	12	0
Hot	50	40	4	0	0	10	1200	2	0	0	0
Hot BBQ	40	20	2	0	0	0	740	6	0	4	0
Mango Habanera	80	0	0	0	0	0	460	20	0	14	0
Wild®	50	40	4	0	0	10	1160	4	0	0	0
Blazin ®	60	50	5	0	0	10	1280	2	0	0	0
Honey Mustard	80	50	6	0	0	10	320	6	0	6	0
Pepper Infusion ®	90	80	9	2	0	5	780	2	1	1	0
Desert Heat® Based on 1/2 tsp	8	2	0	0	0	0	380	1	0	1	0
Bleu Cheese	280	280	30	6	0	30	480	2	0	2	2
Ranch Dressing	320	300	30	4	0	10	440	2	0	2	0
Southwestern Ranch	320	320	34	5	0	10	740	2	0	2	0